## HELP CENTRES FOR MIGRANT WORKERS & SAMARITANS' HELPLINES

**ACHI BIZ** < <a href="https://achibiz.com">https://achibiz.com</a> is happy to share the comprehensive list with contact details of Help Centres for Migrant Workers and Helplines for those who are having difficulties in Life and Workplaces in Singapore. This is part of our social service to our Singapore Community.

HELP CENTRES FOR MIGRANT WORKERS IN SINGAPORE		
Organisation Name	What is done	Address & Contact Details
MIGRANT WORKERS	We will provide shelter and food in the	579, Serangoon Road,
CENTRE	interim while awaiting workers' case	Singapore 218193
	settlement and a soup kitchen at Geylang	
	respectively.	(+65) 6536 2692
	We provide advice and assistance to	
	migrant workers seeking remedies against	feedback@mwc.org.sg
	unfair employment practices.	
	We facilitate social acceptance and	http://www.mwc.org.sg/
	integration through outreach activities,	
	community engagement, advocacy and	
	public education.	
	We provide opportunities and platforms to	
	promote social integration between the	
	migrant and local communities.	
PROJECT CHULIA	One of the main goals of Project Chulia	41 Kallang Place Singapore 339169
STREET	Street is to help change the "Kling" mindset	
	towards our migrant workers, one	info@chuliastreet.org
	Singaporean at a time, building bridges and	
	friendships with the Chulias- the ones who	http://www.chuliastreet.org/
HUMANITARIAN	helped build our nation.	Haladaska far Damastia Warkara
ORGANISATION FOR	HOME (Humanitarian Organization for Migration Economics) & is a dedicated is to	Helpdesks for Domestic Workers: 111 North Bridge Road, Peninsula Plaza
MIGRATION	supporting and empowering migrant	#05-42, Singapore 179098
ECONOMICS	workers who suffer abuse and	#05-42, Siligapore 173098
Legitowies	exploitation.	304 Orchard Road, Lucky Plaza #06-22,
	exploitation	Singapore 238863
		Sg.s.po. 0 20000
		810 Geylang Road, City Plaza #02-95,
		Singapore 40928
		+1800-797 7977 (Toll Free)
		+65 6341 5525
		+65 97873122 (Whatsapp / Viber)
		Helpdesk for Non-Domestic Workers:
		495 Geylang Road, #02-01, S(389453)
		+65 6341 5535
		General Queries:
		+65 6741 1725
		https://www.home.org.sg/
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## HELP CENTRES FOR MIGRANT WORKERS & SAMARITANS' HELPLINES

HELP CENTRES FOR MIGRANT WORKERS IN SINGAPORE		
Organisation Name	What is done	Address & Contact Details
TRANSIENT WORKERS COUNT TOO	We promote equitable treatment for migrant workers in Singapore. We help those in need and advocate for better policies. Labour is dignified. It is minds that need to be changed.	5001 Beach Road, #09-86 Golden Mile Complex, (199588) +65 6247 7001 info@twc2.org.sg https://twc2.org.sg/
SDI ACADEMY	Refugees and migrants live on the margins of society.	Level 3 @ MapleTree Business City, 20 Pasir Panjang Road #03-24 (117439)
	They lack access to quality education, livelihood and are vulnerable to social	+65 9644 3027
	exclusion.	admin@sdi.academy
	SDI Academy blends digital media, in- person training and rigorous data collection to design and deliver high- quality courses which up-skill immigrants and help them assimilate into the	https://www.sdi-academy.org/
ONE DAC ONE DOOK	mainstream.	https://www.facabaak.com/anabaaanab
ONE BAG ONE BOOK & MIGRANT WRITERS OF SINGAPORE	One Bag One Book & Migrant Writers of Singapore has joined forces with the NGO coalition "COVID-19 MIGRANT WORKER EFFORTS". We have been working to provide essential items and facilitate communication with migrant workers.	https://www.facebook.com/onebagonebook/
A GOOD SPACE (AGS)	We see ourselves achieving four key objectives for Singapore, through our various products and services:  1) Create sustainability for citizen changemakers  2) Encourage collaboration amongst diverse changemakers  3) Engage the private sector for employees to be active citizens  4) Develop civic capability in changemakers	agoodspace@nvpc.org.sg  https://www.agoodspace.org/
SAMA-SAMA	The immersive public installation is made of scaffold and transformed through the use of resin and iridescence. Inside, a row of magic mirrors creates a unique experience for the viewer, visually	karitamura@gmail.com  https://www.samasama.sg/
	capturing the essence of Sama Sama.	
		Continued on Next Page

## HELP CENTRES FOR MIGRANT WORKERS & SAMARITANS' HELPLINES

HEALTH SERVE  HealthServe is a non-profit organisation dedicated to providing healing and hope to migrant workers.  HealthServe is a non-profit organisation dedicated to providing healing and hope to migrant workers.  Geylang Office & Clinic 1 Lorong 23 Geylang, #01-07 Building 4  Jurong Clinic 5D Jalan Papan, #01-34/36  Mandai Clinic Westlite Dormitory 36 Mandai Estate, #00-00  6743 9774  Info@healthserve.org.sg https://www.healthserve.org.sg/  HAGAR SINGAPORE We are an international organisation dedicated to the recovery of women and children who have endured extreme abuses. We are working to see communities free and healed from the trauma of human trafficking, slavery and abuse.  SG CARE Physiotherapy (CLINIC Occupational Therapy and Traditional Chinese Medicine services to low-waged migrant workers and the needy.  SG ACCIDENT HELP CENTRE  SG ACCIDENT HELP CENTRE  Doing our bit for the invisible, the forgotten, the injured migrants in our midst. The migrant workers have always been here, toiling hard in our community. But now, they're injured. They need words of encouragement and a show of support.  HEALTH SERVE LIST Allan Baser (208869)  Geylang Office & Clinic 1 Lorong 23 Geylang, #01-07 Building 4  Jurong Clinic 1 Lorong 23 Geylang, #01-07 Building 4  Jurong Clinic Westlite Dormitory 36 Mandai Estate, #00-00 6743 9774  info@healthserve.org.sg/  https://www.healthserve.org.sg/  Bloop 9351  Bloop 909 3351  Bloo	HELP CENTRES FOR MIGRANT WORKERS IN SINGAPORE		
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Jurong Clinic 5D Jalan Papan, #01-34/36  Mandai Clinic Westlite Dormitory 36 Mandai Estate, #00-00 6743 9774 info@healthserve.org.sg https://www.healthserve.org.sg/ Hagar Singapore Ltd 8 Lorong 27A Geylang, #03-04 (388106) 6909 3351  SG CARE PHYSIOTHERAPY CLINIC  SG CARE PHYSIOTHERAPY CLINIC  SG CARE SG CARE PHYSIOTHERAPY CLINIC  Doing our bit for the invisible, the forgotten, the injured migrants in our midst. The migrant workers have always been here, toiling hard in our community. But now, they're injured. They need words of encouragement and a show of support.			Geylang Office & Clinic
### SD Jalan Papan, #01-34/36  Mandai Clinic Westlite Dormitory 36 Mandai Estate, #00-00  6743 9774  info@healthserve.org.sg  https://www.healthserve.org.sg/  https://www.healthserve.org.sg/  HAGAR SINGAPORE  We are an international organisation dedicated to the recovery of women and children who have endured extreme abuses. We are working to see communities free and healed from the trauma of human trafficking, slavery and abuse.  SG CARE  PHYSIOTHERAPY  CLINIC  SG CARE  SG CACE SGare Physiotherapy Clinic is a non-profit social enterprise offering Physiotherapy.  CLINIC  Chinese Medicine services to low-waged migrant workers and the needy.  SG ACCIDENT HELP  CENTRE  SG ACCIDENT HELP  CENTRE  Doing our bit for the invisible, the forgotten, the injured migrants in our midst. The migrant workers have always been here, toiling hard in our community.  But now, they're injured. They need words of encouragement and a show of support.			1 Lorong 23 Geylang, #01-07 Building 4
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SG ACCIDENT HELP CENTRE  Social enterprise offering Physiotherapy, Occupational Therapy and Traditional Chinese Medicine services to low-waged migrant workers and the needy.  Doing our bit for the invisible, the forgotten, the injured migrants in our midst. The migrant workers have always been here, toiling hard in our community. But now, they're injured. They need words of encouragement and a show of support.  Social enterprise offering Physiotherapy, Occupational Traditional Traditional Plant 1918 13722  contact.sgcare@gmail.com  https://www.facebook.com/pages/SGcar e-Physiotherapy-Clinic/896181887396348  6 Flanders Square, (209297)  mailbox@sgaccident.org.sg  6291 0751			<del></del>
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		But now, they're injured. They need words	6291 0751
		and a short of support.	https://www.sgaccident.org.sg/

HELPLINES OF SAMARITANS FOR THOSE WHO ARE HAVING DIFFICULTIES IN			
Organisation Name	VALUE OF SERVICES	Contact Details	
NATIONAL CARE	National CARE Hotline - Counselling Services during COVID-19 IMH Mental Health Helpline - 6389 2222	<ul> <li>https://www.ccs.org.sg/nch/</li> <li>1800-202-6868</li> </ul>	
	SOS Hotline – 1800 221 4444		
MENTAL WELL-BEING:			
FEI YUE'S ONLINE COUNSELLING SERVICE	Online Counselling Services	• eC2.sg	
INSTITUTE OF MENTAL HEALTH'S MENTAL HEALTH (IMH)	Mental Health Services	<ul><li>https://www.imh.com.sg/</li><li>6389-2222</li></ul>	
SAMARITANS OF SINGAPORE	<b>SOS</b> provides emotional support to those in crisis, thinking about suicide or affected by suicide.	<ul><li>https://www.sos.org.sg/</li><li>1800-221-4444</li></ul>	
SILVER RIBBON SINGAPORE	To combat mental health stigma, encourage early help, and facilitate integration of people with mental illness within the society through innovative means of promoting mental health literacy.	<ul> <li>https://www.silverribbonsingap ore.com/</li> <li>6385-3714</li> </ul>	
MARITAL AND PARENTING	ISSUES: BIZ & RECRUIT SPECIALIST		
COMMUNITY PSYCHOLOGY HUB'S ONLINE COUNSELLING PLATFORM COMMUNITY PSYCHOLOGY HUB'S ONLINE COUNSELLING PLATFORM	Online Counselling Services for: Difficulties in the family relationships at home or with marriage, divorce, children.	http://cphonlinecounselling.sg/	
Continued on Next Page			

HELPLINES OF SAMARITANS FOR THOSE WHO ARE HAVING DIFFICULTIES IN LIFE AND WORKPLACE			
Organisation Name	Nature of Services	Contact Details	
VIOLENCE OR ABUSE:			
BIG LOVE CHILD PROTECTION SPECIALIST CENTRE	<b>Big Love</b> was set up to support families referred for issues of <b>child</b> abuse, neglect and <b>welfare</b> .	<ul><li>https://www.biglove.org.sg/</li><li>6445-0400</li></ul>	
HEART @ FEI YUE CHILD PROTECTION SPECIALIST CENTRE	To provide services to couples and families who desire to raise a child who is not biologically their own. We are committed to the provision of necessary information and support to couples and families before and after the process of adopting a child.	<ul> <li>https://www.fycs.org/our- work/children/</li> <li>6819-9170</li> </ul>	
PAVE INTEGRATED SERVICES FOR INDIVIDUAL AND FAMILY PROTECTION	To be the lead organisation in the provision and development of integrated services against interpersonal violence and to lead in the promotion of healthy relationships in our society.	<ul> <li>https://www.pave.org.sg/</li> <li>6555-0390</li> </ul>	
PROJECT START	A community-based agency that specialises in protection, safety planning and violence control planning in support of people affected by domestic violence.	<ul> <li>https://www.carecorner.org.sg/ family-violence</li> <li>6476-1482</li> </ul>	
TRANS SAFE CENTRE	TRANS SAFE Centre is a Family Violence Specialist Centre (FVSC). We aim to promote safe relationship in families by providing help to victims of abuse, persons who abuse and their families who are affected by the abuse.	<ul> <li>https://www.trans.org.sg/servic es-safe</li> <li>6449-9088</li> </ul>	
COUNSELLING:			
TOUCHLINE (COUNSELLING)	To serve the needy and disadvantaged, we value every person and enable them to strengthen families.	<ul><li>https://www.touch.org.sg/</li><li>1800-377-2252</li></ul>	