

# HELP CENTRES FOR MIGRANT WORKERS & SAMARITANS' HELPLINES

ACHI BIZ < <https://achibiz.com> > is happy to share the comprehensive list with contact details of Help Centres for Migrant Workers and Helplines for those who are having difficulties in Life and Workplaces in Singapore. This is part of our social service to our Singapore Community.

<b>HELP CENTRES FOR MIGRANT WORKERS IN SINGAPORE</b>		
<b>Organisation Name</b>	<b>What is done</b>	<b>Address &amp; Contact Details</b>
<b>MIGRANT WORKERS CENTRE</b>	<p>We will provide shelter and food in the interim while awaiting workers' case settlement and a soup kitchen at Geylang respectively.</p> <p>We provide advice and assistance to migrant workers seeking remedies against unfair employment practices.</p> <p>We facilitate social acceptance and integration through outreach activities, community engagement, advocacy and public education.</p> <p>We provide opportunities and platforms to promote social integration between the migrant and local communities.</p>	<p><b>579, Serangoon Road, Singapore 218193</b></p> <p><b>(+65) 6536 2692</b></p> <p><a href="mailto:feedback@mwc.org.sg">feedback@mwc.org.sg</a></p> <p><a href="http://www.mwc.org.sg/">http://www.mwc.org.sg/</a></p>
<b>PROJECT CHULIA STREET</b>	<p>One of the main goals of Project Chulia Street is to help change the "Kling" mindset towards our migrant workers, one Singaporean at a time, building bridges and friendships with the Chulias- the ones who helped build our nation.</p>	<p>41 Kallang Place Singapore 339169</p> <p><a href="mailto:info@chuliastreet.org">info@chuliastreet.org</a></p> <p><a href="http://www.chuliastreet.org/">http://www.chuliastreet.org/</a></p>
<b>HUMANITARIAN ORGANISATION FOR MIGRATION ECONOMICS</b>	<p>HOME (Humanitarian Organization for Migration Economics) is dedicated to supporting and empowering migrant workers who suffer abuse and exploitation.</p>	<p>Helpdesks for Domestic Workers: 111 North Bridge Road, Peninsula Plaza #05-42, Singapore 179098</p> <p>304 Orchard Road, Lucky Plaza #06-22, Singapore 238863</p> <p>810 Geylang Road, City Plaza #02-95, Singapore 40928</p> <p>+1800-797 7977 (Toll Free) +65 6341 5525 +65 97873122 (Whatsapp / Viber)</p> <p>Helpdesk for Non-Domestic Workers: 495 Geylang Road, #02-01, S(389453) +65 6341 5535</p> <p>General Queries: +65 6741 1725</p> <p><a href="https://www.home.org.sg/">https://www.home.org.sg/</a></p>

Continued on Next Page

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<b>TRANSIENT WORKERS COUNT TOO</b>	We promote equitable treatment for migrant workers in Singapore. We help those in need and advocate for better policies. Labour is dignified. It is minds that need to be changed.	5001 Beach Road, #09-86 Golden Mile Complex, (199588)  +65 6247 7001  info@twc2.org.sg  <a href="https://twc2.org.sg/">https://twc2.org.sg/</a>
<b>SDI ACADEMY</b>	Refugees and migrants live on the margins of society.  They lack access to quality education, livelihood and are vulnerable to social exclusion.  SDI Academy blends digital media, in-person training and rigorous data collection to design and deliver high-quality courses which up-skill immigrants and help them assimilate into the mainstream.	Level 3 @ MapleTree Business City, 20 Pasir Panjang Road #03-24 (117439)  +65 9644 3027  admin@sdi.academy  <a href="https://www.sdi-academy.org/">https://www.sdi-academy.org/</a>
<b>ONE BAG ONE BOOK &amp; MIGRANT WRITERS OF SINGAPORE</b>	One Bag One Book & Migrant Writers of Singapore has joined forces with the NGO coalition "COVID-19 MIGRANT WORKER EFFORTS". We have been working to provide essential items and facilitate communication with migrant workers.	<a href="https://www.facebook.com/onebagonebook/">https://www.facebook.com/onebagonebook/</a>
<b>A GOOD SPACE (AGS)</b>	We see ourselves achieving four key objectives for Singapore, through our various products and services: 1) Create sustainability for citizen changemakers 2) Encourage collaboration amongst diverse changemakers 3) Engage the private sector for employees to be active citizens 4) Develop civic capability in changemakers	agoodspace@nvpc.org.sg  <a href="https://www.agoodspace.org/">https://www.agoodspace.org/</a>
<b>SAMA-SAMA</b>	The immersive public installation is made of scaffold and transformed through the use of resin and iridescence. Inside, a row of magic mirrors creates a unique experience for the viewer, visually capturing the essence of Sama Sama.	karitamura@gmail.com  <a href="https://www.samasama.sg/">https://www.samasama.sg/</a>

Continued on Next Page

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Organisation Name	What is done	Address & Contact Details
<b>HEALTH SERVE</b>	HealthServe is a non-profit organisation dedicated to providing healing and hope to migrant workers.	<p>Little India Office 151A Jalan Besar (208869)</p> <p>Geylang Office &amp; Clinic 1 Lorong 23 Geylang, #01-07 Building 4</p> <p>Jurong Clinic 5D Jalan Papan, #01-34/36</p> <p>Mandai Clinic Westlite Dormitory 36 Mandai Estate, #00-00</p> <p>6743 9774</p> <p>info@healthserve.org.sg</p> <p><a href="https://www.healthserve.org.sg/">https://www.healthserve.org.sg/</a></p>
<b>HAGAR SINGAPORE</b>	We are an international organisation dedicated to the recovery of women and children who have endured extreme abuses. We are working to see communities free and healed from the trauma of human trafficking, slavery and abuse.	<p>Hagar Singapore Ltd 8 Lorong 27A Geylang, #03-04 (388106)</p> <p>6909 3351</p> <p>singapore@hagarinternational.org</p> <p><a href="https://hagar.org.sg/">https://hagar.org.sg/</a></p>
<b>SG CARE PHYSIOTHERAPY CLINIC</b>	SGcare Physiotherapy Clinic is a non-profit social enterprise offering Physiotherapy, Occupational Therapy and Traditional Chinese Medicine services to low-waged migrant workers and the needy.	<p>6 Flanders Square, (209297)</p> <p>9181 3722</p> <p>contact.sgcare@gmail.com</p> <p><a href="https://www.facebook.com/pages/SGcare-Physiotherapy-Clinic/896181887396348">https://www.facebook.com/pages/SGcare-Physiotherapy-Clinic/896181887396348</a></p>
<b>SG ACCIDENT HELP CENTRE</b>	Doing our bit for the invisible, the forgotten, the injured migrants in our midst. The migrant workers have always been here, toiling hard in our community. But now, they're injured. They need words of encouragement and a show of support.	<p>6 Flanders Square, (209297)</p> <p>mailbox@sgaccident.org.sg</p> <p>6291 0751</p> <p><a href="https://www.sgaccident.org.sg/">https://www.sgaccident.org.sg/</a></p>

## HELPLINES OF SAMARITANS FOR THOSE WHO ARE HAVING DIFFICULTIES IN LIFE AND WORKPLACE

Organisation Name	Nature of Services	Contact Details
<b>NATIONAL CARE</b>	National CARE Hotline - Counselling Services during COVID-19  IMH Mental Health Helpline – 6389 2222  SOS Hotline – 1800 221 4444	<ul style="list-style-type: none"> <li>• <a href="https://www.ccs.org.sg/nch/">https://www.ccs.org.sg/nch/</a></li> <li>• 1800-202-6868</li> </ul>
<b>MENTAL WELL-BEING:</b>		
<b>FEI YUE'S ONLINE COUNSELLING SERVICE</b>	Online Counselling Services	<ul style="list-style-type: none"> <li>• <a href="http://eC2.sg">eC2.sg</a></li> </ul>
<b>INSTITUTE OF MENTAL HEALTH'S MENTAL HEALTH (IMH)</b>	Mental Health Services	<ul style="list-style-type: none"> <li>• <a href="https://www.imh.com.sg/">https://www.imh.com.sg/</a></li> <li>• 6389-2222</li> </ul>
<b>SAMARITANS OF SINGAPORE</b>	<b>SOS</b> provides emotional support to those in crisis, thinking about suicide or affected by suicide.	<ul style="list-style-type: none"> <li>• <a href="https://www.sos.org.sg/">https://www.sos.org.sg/</a></li> <li>• 1800-221-4444</li> </ul>
<b>SILVER RIBBON SINGAPORE</b>	To combat mental health stigma, encourage early help, and facilitate integration of people with mental illness within the society through innovative means of promoting mental health literacy.	<ul style="list-style-type: none"> <li>• <a href="https://www.silverribbonsingapore.com/">https://www.silverribbonsingapore.com/</a></li> <li>• 6385-3714</li> </ul>
<b>MARITAL AND PARENTING ISSUES:</b>		
<b>COMMUNITY PSYCHOLOGY HUB'S ONLINE COUNSELLING PLATFORM COMMUNITY PSYCHOLOGY HUB'S ONLINE COUNSELLING PLATFORM</b>	Online Counselling Services for: Difficulties in the family relationships at home or with marriage, divorce, children.	<ul style="list-style-type: none"> <li>• <a href="http://cphonlinecounselling.sg/">http://cphonlinecounselling.sg/</a></li> </ul>

Continued on Next Page

HELPLINES OF SAMARITANS FOR THOSE WHO ARE HAVING DIFFICULTIES IN LIFE AND WORKPLACE		
Organisation Name	Nature of Services	Contact Details
<b>VIOLENCE OR ABUSE:</b>		
<b>BIG LOVE CHILD PROTECTION SPECIALIST CENTRE</b>	<b>Big Love</b> was set up to support families referred for issues of <b>child</b> abuse, neglect and <b>welfare</b> .	<ul style="list-style-type: none"> <li>• <a href="https://www.biglove.org.sg/">https://www.biglove.org.sg/</a></li> <li>• 6445-0400</li> </ul>
<b>HEART @ FEI YUE CHILD PROTECTION SPECIALIST CENTRE</b>	To provide services to couples and families who desire to raise a child who is not biologically their own. We are committed to the provision of necessary information and support to couples and families before and after the process of adopting a child.	<ul style="list-style-type: none"> <li>• <a href="https://www.fycs.org/our-work/children/">https://www.fycs.org/our-work/children/</a></li> <li>• 6819-9170</li> </ul>
<b>PAVE INTEGRATED SERVICES FOR INDIVIDUAL AND FAMILY PROTECTION</b>	To be the lead organisation in the provision and development of integrated services against interpersonal violence and to lead in the promotion of healthy relationships in our society.	<ul style="list-style-type: none"> <li>• <a href="https://www.pave.org.sg/">https://www.pave.org.sg/</a></li> <li>• 6555-0390</li> </ul>
<b>PROJECT START</b>	A community-based agency that specialises in protection, safety planning and violence control planning in support of people affected by domestic violence.	<ul style="list-style-type: none"> <li>• <a href="https://www.carecorner.org.sg/family-violence">https://www.carecorner.org.sg/family-violence</a></li> <li>• 6476-1482</li> </ul>
<b>TRANS SAFE CENTRE</b>	TRANS SAFE Centre is a Family Violence Specialist Centre (FVSC). We aim to promote safe relationship in families by providing help to victims of abuse, persons who abuse and their families who are affected by the abuse.	<ul style="list-style-type: none"> <li>• <a href="https://www.trans.org.sg/services-safe">https://www.trans.org.sg/services-safe</a></li> <li>• 6449-9088</li> </ul>
<b>COUNSELLING:</b>		
<b>TOUCHLINE (COUNSELLING)</b>	To serve the needy and disadvantaged, we value every person and enable them to strengthen families.	<ul style="list-style-type: none"> <li>• <a href="https://www.touch.org.sg/">https://www.touch.org.sg/</a></li> <li>• 1800-377-2252</li> </ul>